



Menu

Available Monday To Saturday

Alternative Menu Served Sunday Inc. Roasts See Bar Boards

(Serving Times Vary Please Ask A Member Of Staff For Confirmation)

Wall Mounted Boards For Main Menu Inc. Wines By The Glass

Today's Specials & Desserts See Bar Boards

All Our Food Is Home Made & Locally Sourced

(Whenever Possible)

Sandwiches & Jacket Potatoes

(White Bloomer, Brown Malted Bloomer, Home Baked Italian Ciabatta Or A Jacket Potato)

<i>Scottish smoked salmon with black pepper & lemon</i>	<i>£6.50</i>
<i>Char grilled vegetables with honey, soy & sesame dressing</i>	<i>£5.25</i>
<i>Aberdeen Angus Fillet steak onion & gorgonzola</i>	<i>£7.50</i>
<i>Free range egg mayonnaise & rocket</i>	<i>£5.25</i>
<i>Farmhouse mature Cheddar with home made pickle</i>	<i>£5.50</i>
<i>Honey roast Sussex ham off the bone with home made tomato chilli chutney</i>	<i>£5.50</i>
<i>Plum tomato & buffalo mozzarella with basil oil</i>	<i>£5.25</i>
<i>Scottish smoked salmon & Somerset brie croque monsieur</i>	<i>£6.25</i>
<i>Classic club, grilled chicken breast & pancetta, layered with tomato, gouda, lettuce & mayonnaise</i>	<i>£6.50</i>

ALL SERVED WITH MIXED ROCKET SALAD & HOMEMADE COLESLAW

Side Orders

<i>Bowl of chips</i>	<i>£2.50</i>
<i>Brochette of plum tomato, garlic with balsamic vinegar</i>	<i>£3.50</i>
<i>Italian ciabatta with butter</i>	<i>£1.75</i>
<i>Mixed olives with warmed Italian ciabatta</i>	<i>£3.50</i>
<i>Potato wedges with farmhouse mature melted Cheddar & grilled bacon</i>	<i>£4.00</i>
<i>Mixed leaf & rocket side salad with tomato</i>	<i>£3.50</i>

*All Our Meats Are Supplied By Local Long Established Quality Butcher
'Miller & Son' & 'Alan Martin'*

*The Square • Forest Row • East Sussex • RH18 5ES
Tel +44 (0)1342 82 33 33 • Fax +44 (0)1342 82 54 54*

www.chequers1452.co.uk enquiries@chequers1452.co.uk



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Starters

<i>Mediterranean King prawns with leeks in a cream & saffron sauce</i>	<i>£8.50</i>
<i>Grilled flat mushrooms with pancetta & crushed garlic</i>	<i>£5.50</i>
<i>A salad of baby gems, goats cheese, beetroot & fennel</i>	<i>£5.50</i>
<i>Tartare of salmon with fresh chives & crème fraiche</i>	<i>£6.50</i>
<i>Buffalo mozzarella with toasted sesame seeds & toasted brioche</i>	<i>£5.50</i>
<i>Freshly made soup of the day</i>	<i>£4.50</i>

Salads

<i>Prosciutto, goats cheese & sautéed potatoes</i>	<i>£8.95</i>
<i>Aberdeen Angus Fillet steak & Roquefort cheese</i>	<i>£10.95</i>
<i>Chicken Caesar</i>	<i>£8.95</i>
<i>Mediterranean King prawns & fresh mango</i>	<i>£11.95</i>

ALL SERVED WITH HALF A WARMED ITALIAN CIABATTA & BUTTER

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Classic Mains

<i>Cottage Pie with seasonal vegetables</i>	<i>£10.95</i>
<i>Steak, mushroom & ale Pie with seasonal vegetables & new potatoes</i>	<i>£10.95</i>
<i>Local sausages, creamed potatoes & onion gravy with seasonal vegetables</i>	<i>£8.95</i>
<i>Sirloin Steak, Bearnaise served with chips & salad</i>	<i>£11.95</i>
<i>Forest mushrooms & Cheddar cheese omelette served with salad & chips</i>	<i>£8.95</i>
<i>English Mussels served with chips</i>	<i>£9.95</i>
<i>Battered fish & chips with peas</i>	<i>£9.95</i>

Mains

<i>Best end of lamb roasted with honey & lime glaze</i>	<i>£14.50</i>
<i>Roasted fresh sea bass with red wine sauce</i>	<i>£13.50</i>
<i>Pork tenderloin with grain mustard, garlic, cream & apple sauce</i>	<i>£13.50</i>
<i>Butterfly chicken breast, pan fried, mushrooms in marsala wine sauce</i>	<i>£9.50</i>
<i>Tomato & olive tart topped with Haloumi</i>	<i>£7.50</i>
<i>Roasted red pepper & lentil stew</i>	<i>£7.50</i>
<i>Forest mushroom risotto topped with parmesan shavings</i>	<i>£8.50</i>
<i>Char grilled fillet steak with gorgonzola & pancetta</i>	<i>£18.50</i>

ALL SERVED WITH SEASONAL VEGETABLES & POTATOES

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